

## Child-Parent Assessment Profile

Due to the fact that your child is a minor, we ask that the parent assist the child in completing this form. Please complete the following information to the best of your ability and recollection.

### Personal and Family history:

Name \_\_\_\_\_ Date \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Address \_\_\_\_\_

### Emergency Contact:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

### Guarantor of Payment or Responsible Party

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_

Approximate family income \_\_\_\_\_ (Optional if using a sliding scale)

### Family History:

Are you the custodial parent: YES NO NA (applies to previously divorced parents)  
Is the other parent aware that you are seeking counseling? YES NO

Biological Father's Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_

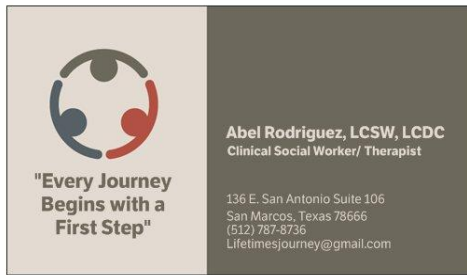
Biological Mother's Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_

Please list everyone else (other than your children) who lives in your home and state the relationship to Child:

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**Physical and Health Information**

Physician: \_\_\_\_\_ Date of last physical Exam: \_\_\_\_\_

List significant illnesses, chronic medical conditions, or injuries with approximate dates:

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Have you ever been unconscious from a head injury? \_\_\_\_\_ If so, when \_\_\_\_\_

Please check any item below that you have experienced:

Childhood		Adulthood
_____	<b>Neglect</b>	_____
_____	<b>Physical Abuse</b>	_____
_____	<b>Verbal Abuse</b>	_____
_____	<b>Sexual Abuse</b>	_____
_____	<b>Injury due to Violence</b>	_____
_____	<b>Other Trauma</b>	_____

Have you gained or lost any weight in the last year? \_\_\_\_\_

Do you have any concerns about your weight? \_\_\_\_\_

Has anyone in your biological family ever had a nervous breakdown, a mental illness, been depressed, had anxiety problems, attempted or committed suicide? If so, please state the relationship of the person to you and describe the problem he/she had:

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Have you ever had previous counseling? If so, with whom (please give approximate dates of service):

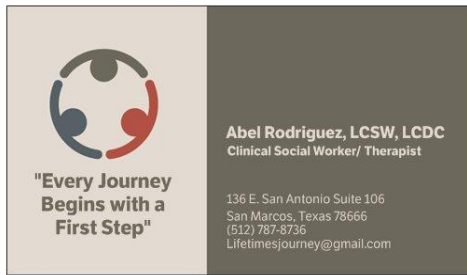
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**Social and Recreational Information**

How do you spend your leisure time? \_\_\_\_\_  
Please list other hobbies or interest \_\_\_\_\_  
Do you have a close friend or friends? \_\_\_\_\_ How often do you visit, entertain, or go out with people? \_\_\_\_\_ Do you exercise? \_\_\_\_\_  
Do you play sports? \_\_\_\_\_  
Is there any reason you cannot exercise?  
\_\_\_\_\_  
\_\_\_\_\_

**Legal Information**

Have you ever been the victim or a crime?	Circumstances
_____	_____
_____	_____
_____	_____

Have you ever been arrested? Circumstances

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Are you currently involved in any litigation?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Presenting Problem**

Please state the reason you are seeking services:

\_\_\_\_\_

\_\_\_\_\_


\_\_\_\_\_

What have you done to try and deal with this situation?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



**Every Journey Begins with a First Step"**

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**How would you rate the severity of the problem?**

     Mildly upsetting      Moderately Severe      Severe      Very Severe

**What else would you like your therapist to know?**

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**Please check any symptoms you are having and write down how many times a week do you feel that way (Example: X 3 xs)**

- |                                |  |
|--------------------------------|--|
| <u>    </u> Tiredness          | <u>    </u> Thoughts of suicide            |
| <u>    </u> Sleep difficulties | <u>    </u> Suicide attempt                |
| <u>    </u> Sleep too much     | <u>    </u> Too passive                    |
| <u>    </u> Irritability       | <u>    </u> Too aggressive                 |
| <u>    </u> Worry              | <u>    </u> Conflicts with others          |
| <u>    </u> Crying             | <u>    </u> Excessive anger                |
| <u>    </u> Confusion          | <u>    </u> Excessive sadness              |
| <u>    </u> Lonely             | <u>    </u> Decreased sexual desire        |
| <u>    </u> Withdrawal         | <u>    </u> Trouble concentrating          |
| <u>    </u> Loss of appetite   | <u>    </u> Loss of interest in activities |
| <u>    </u> Overeating         | <u>    </u> Thoughts of Better off dead    |
| <u>    </u> Anxiety            | <u>    </u> Other _____                    |
| <u>    </u> Panic attacks      |  |

**When Did These Symptoms begin?** \_\_\_\_\_

**How difficult have these symptoms made it for you to do your work, take care of things at home, or get along with other people? Circle one**

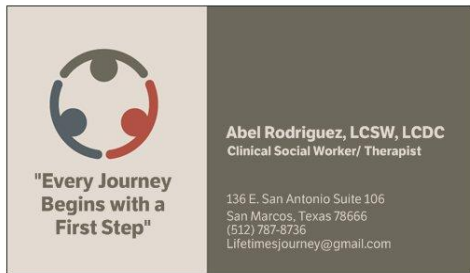
Not Difficult at All    Somewhat Difficult    Very Difficult    Extremely Difficult

**Please check all areas of your life affected by these symptoms:**

- |                                |                                  |
|--------------------------------|----------------------------------|
| <u>    </u> Work performance   | <u>    </u> Family relationships |
| <u>    </u> Work relationships | <u>    </u> Marriage             |
| <u>    </u> Daily Activities   | <u>    </u> School/education     |
| <u>    </u> Social activities  | <u>    </u> Other _____          |

**Please indicate any major changes you have experienced in the past year:**

- |                         |                                     |
|-------------------------|-------------------------------------|
| <u>    </u> Marriage    | <u>    </u> Divorce                 |
| <u>    </u> Re-marriage | <u>    </u> Moved                   |
| <u>    </u> Separation  | <u>    </u> Illness, injury to self |



\_\_\_\_\_ **Illness, injury to other**  
\_\_\_\_\_ **Financial reversal**  
\_\_\_\_\_ **Job change Loss of job**

\_\_\_\_\_ **Death of loved one**  
\_\_\_\_\_ **Other**

**Confidentiality No one will reveal information concerning your counseling to anyone outside this office except as follows:**

- 1) you consent in writing;**
- 2) life or safety is seriously threatened;**
- 3) disclosure is required by law;**
- 4) you file a benefit claim and the claims payor requires information.**

**In addition, your counselor may consult with professional colleagues as needed for coordination of services, quality assurance, or payment.**

**I understand and accept these conditions**

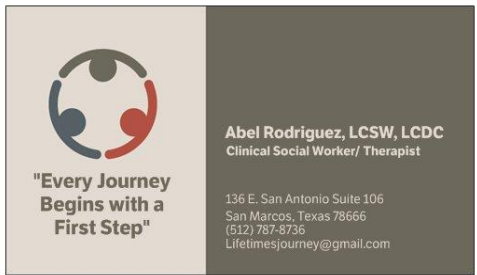
\_\_\_\_\_  
**Patient Name**

\_\_\_\_\_  
**(Date)**

\_\_\_\_\_  
**Patient or Parent/Guardian Signature**

\_\_\_\_\_  
**(Date)**

**Thank you for providing this information. Your therapist will be happy to answer questions and address your concerns.**



**Medication Lists & Medical Allergies**

Name \_\_\_\_\_ Date \_\_\_\_\_

Number of Medications: \_\_\_\_\_

List Allergies to Medications:

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Medications currently taking:

Medication/Start Date	M.D. Name	Dosage/Frequency
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Substance	Amount	How Often	Used	Began	Using	Last Used
Alcohol	_____	_____	_____	_____	_____	_____
Cocaine	_____	_____	_____	_____	_____	_____
Heroin	_____	_____	_____	_____	_____	_____
Inhalants	_____	_____	_____	_____	_____	_____
LSD	_____	_____	_____	_____	_____	_____
Marijuana	_____	_____	_____	_____	_____	_____
Meth	_____	_____	_____	_____	_____	_____
Nicotine	_____	_____	_____	_____	_____	_____
Opiates	_____	_____	_____	_____	_____	_____
Tranquilizers	_____	_____	_____	_____	_____	_____
Other	_____	_____	_____	_____	_____	_____

Has anyone in your family had a drug or alcohol problem?  
\_\_\_\_\_  
\_\_\_\_\_



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**Please check all that apply:**

- Mother**
- Father**
- Grandfather**
- Grandmother**
- Sister**

- Brother**
- Uncle**
- Aunt**
- Child**
- Spouse**

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**(Signature)**

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**(Date)**